



# MY FUTURE PLAN

NAME:

DOB:

PLAN DATE: / /

REVIEW DATE: / /

Who helped me put this plan together?

A little bit  
about me...



- 1.
- 2.
- 3.

My  
Three  
Dreams

NEXT PAGE >  
MY GOALS

# MY GOALS

## HOME & SAFETY **My goal:**

WHAT I WOULD LIKE

WHAT'S HAPPENING NOW?

## THINGS TO DO

## BODY & GROWTH **My goal:**

WHAT I WOULD LIKE

WHAT'S HAPPENING NOW?

## THINGS TO DO

## EMOTIONS & RELATIONSHIPS **My goal:**

WHAT I WOULD LIKE

WHAT'S HAPPENING NOW?

## THINGS TO DO

# MY GOALS

## MIND & LEARNING

**My goal:**

WHAT I WOULD LIKE

WHAT'S HAPPENING NOW?

## THINGS TO DO

## FAMILY & CULTURE

**My goal:**

WHAT I WOULD LIKE

WHAT'S HAPPENING NOW?

## THINGS TO DO

## T21 CHECK LIST →

15

- Evolve/DSQ referral?
- Regular doctor?
- Dental checkups/plan?
- Centrelink payment?
- Bank account?
- Photo ID?
- Medicare card?
- GO Card?
- Tax File Number?
- Resume and job skills?

16

- Everything from age 15?
- Photo ID?
- Housing referral & JAP?
- Centrelink updated?
- Learners?
- Public trustee?
- Updated resume?
- Life skills?
- Future housing info?

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- Everything from age 16?
- Housing updated?
- Centrelink updated?
- ID updated?
- Learners/licence?
- Independent living list?
- Transition funding? TILA, YHARS
- Enrolled to vote?
- QCAT guardian application?
- Next Step referral?

# PEOPLE AROUND ME

ME

## KEY

- We have a strong and positive relationship.
- I'm not as close with this relationship.
- ~~~~ I find this relationship stressful.
- DISTANCE How often I see this person.

# MY WANTS & NEEDS LIST

THINGS I WOULD LIKE

HOW MUCH?

THINGS I NEED

HOW MUCH?

TOTAL \$

TOTAL \$